

Our favourite dividend-paying stocks

This month we update our Portfolio for Income-Seeking Investors.

In light of the current market volatility, investors are paying more attention to dividend yields (dividends paid per share divided by the current stock price). As well, dividend-paying companies are once again raising their payouts as the economy recovers from the COVID-19 lockdowns.

It's been more than 20 years since you could assume that dividends would contribute up to a third of your long-term investment returns, even before the tax-cutting effects of the dividend tax credit.

But now that yields have moved up, it's realistic to assume that dividends will once again contribute as much as a third of your total return.

Note that this Portfolio is a little different from our Conservative Growth Portfolio in that we break down our Utilities stocks by industry: Telecommunication, Pipelines and Electric companies.

Each industry faces its own challenges. To cut your risk, be sure to spread your Utility investments out among the three. We also identify a Best Buy in each industry, to help fuel your long-term returns.

Stock	Price \$	Symbol	Div. \$	Yield %	Earnings \$			P/E Ratio	TSINetwork Rating	Advice	Gain (loss)%
					2025	2024	2023				
Utility-Sector Companies: Telecommunication Companies											
BCE	32	BCE	1.75	5.5	2.73e	3.04aa	3.21aa	11.7	Above Ave.	Buy	+428.3
Telus@	21	T	1.674	8.0	0.98e	1.04aa	0.95aa	21.4	Above Ave.	#1 Buy	+268.4
Utility-Sector Companies: Pipeline Operators											
ATCO	57	ACO.X	2.018	3.5	4.47e	4.29aa	3.82aa	12.8	Above Ave.	Buy	+200.0
Canadian Utilities	43	CU	1.831	4.3	2.41e	2.38aa	2.21aa	17.8	Above Ave.	Buy	+647.8
Enbridge	68	ENB	3.77	5.5	2.93e	2.80aa	2.79aa	23.2	Above Ave.	Buy	+119.4
South Bow%	37	SOBO	2.00u	7.6	1.66ue	1.84uaa	2.43uaa	31.2	Average	Hold	+32.1
TC Energy	77	TRP	3.40	4.4	3.52e	3.73aa	3.78aa	21.9	Above Ave.	Best Buy	+492.3
Utility-Sector Companies: Electric Companies											
Emera	67	EMA	2.93	4.4	3.57e	2.94aa	2.96aa	18.8	Average	Buy	+509.1
Fortis	74	FTS	2.56	3.5	3.48e	3.28aa	3.09aa	21.3	Above Ave.	Best Buy	+1,038.5
Finance											
Bank of Montreal	177	BMO	6.36	3.7	11.87e	9.68aa	11.81aa	14.9	Above Ave.	Buy	+1,211.1
Bank of Nova Scotia	95	BNS	4.24	4.6	6.98e	6.47aa	6.48aa	13.6	Above Ave.	Best Buy	+1,307.4
CIBC	122	CM	3.88	3.2	8.47e	7.40aa	6.73aa	14.4	Above Ave.	Buy	+1,335.3
Great-West Lifeco	62	GWO	2.44	3.9	4.94e	4.50aa	3.94aa	12.6	Above Ave.	Hold	+416.7
Royal Bank	209	RY	5.92	2.9	14.08e	12.09aa	11.19aa	14.8	Above Ave.	Buy	+2,782.8
TD Bank	116	TD	4.20	3.6	8.20e	7.81aa	7.91aa	14.1	Above Ave.	Buy	+2,220.0
Consumer Goods & Services											
Andrew Peller	5.25	ADW.A	0.246	4.7	0.44e	-0.07xx	-0.08xx	11.9	Above Ave.	Best Buy	+329.3
Molson Coors	66	TPX.B	1.88u	4.0	5.39ue	5.96uaa	5.43uaa	8.7	Average	Hold	+352.1
Resources & Commodities:											
Imperial Oil	136	IMO	2.88	2.1	8.03e	9.03	8.49	16.9	Average	Best Buy	+2,299.9

Under Earnings, 2025 refers in most cases to the fiscal year now underway; 2024 and 2023 refer to the two prior fiscal years. e.—estimate; a.—actual; d.—loss; u.r.—under review; u—U.S. dollars; xx—these earnings, as originally reported, include items that may give a misleading view of continuing operations; aa—this number excludes special items or write-offs. It aims to track earnings from continuing operations; P/E Ratio: share price divided by forecast earnings. Yield: dividend divided by share price. Gain (loss) refers to changes in share prices since our first recommendation. %—Spun off from TC Energy on October 1, 2024.

@—Telus is your #1 Income Buy for 2025.